

The Impact of our P.E & Sport Funding

Our Lady of Grace Catholic Academy

Please feel free to investigate the different ways we have been getting Physically Active!



2024/2025 The Lockdown fightback continues...

- Lockdown forced all of our pupils to be less active, since returning to School we've had lots of fun in P.E and found that some things feel trickier after a big break!
- In 2024/25 our children and Staff are going to have lots of fun getting active. We're going to learn lots, improve skills & work hard to ensure we all get even faster, fitter and stronger!



Progress in 'The delivery in P.E'

- Every year our teachers evaluate our experiences of P.E.
- 'Green' statements show where our School is doing well, 'Red' shows where we are trying to get better!

	Green	Yellow	Red
OLOG (09/2013)	0	0	49
OLOG (09/2014)	20	24	5
OLOG (09/2015)	30	17	2
OLOG (09/2016)	34	13	2
OLOG (09/2017)	36	9	2
OLOG (09/2018)	39	10	0
OLOG (09/2019)	41	8	0
OLOG (09/2020)	41	8	0
OLOG (09/2021)	41	7	1
OLOG (09/2022)	41	8	0
OLOG (09/2023)	41	8	0
OLOG (09/2024)	40	9	0

We didn't do much P.E in 2012/13!

Our School is in the process of improving the following areas....

- **Orange 1:** Pupils show very high levels of physical fitness and can work for prolonged periods of time.
- **Orange 2:** Pupils are able to evaluate what needs to be done to improve their own and other's performances.
- **Orange 3:** Pathways from school to community sport and physical activity exist.

Orange 1: Pupils show very high levels of physical fitness and can work for prolonged periods of time.

At OLOG our children found the return from lockdown quite difficult. Over the months since we have returned to School and normality we have worked hard to re-discover our love of physical movement. Our lessons have been restructured slightly to ensure our children are as active as possible within P.E time.

In general throughout the School we have seen an improvement in physical capacity, enthusiasm and resilience within Physical Education. However we know that we can still improve in this area. Lockdown was quite some time ago now and portions of our pupils have rediscovered their love of moving, as we begin 2024-25 we'll continue to improve our children's physical capacity and resilience.

One of the ways we'll continue to address this through ensuring all pupils receive high quality, active, engaging P.E lessons. We're also introducing fitness focused inter-house competitions, awards for effort in lessons, a wider range of extra-curricular clubs and an increased focus on role models. We want our children to dream big and work hard!

We also understand the influence of the family in this regard – to help our pupils we will also hold Active Family workshops so our parents are better equipped to keep this kids moving out of School!

Orange 2: Pupils are able to evaluate what needs to be done to improve their own and other's performances.

One issue we've found can be tricky for both Staff and children is to how to make it really clear what the steps are to improve in each subject. Time is precious in P.E and we like are children to be as active as possible in P.E lessons – but we also want it to be clear for our children on what they need to do to improve (and how to do that).

Mr. Sigley has created some 'mountains' which will help the children to be able to reflect on their performance/depth of knowledge – these have been trialled and worked really well. From September 2024 onwards these mountains will be used for all P.E lessons, children will be able to identify where they are on their P.E learning journey and how to continue improving!

Orange 3: Pathways from school to community sport and physical activity exist.

- We think our children are amazing at OLOG – especially in P.E! We think it's time our local community knows it too.
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- Throughout 2024/25 we aim to encourage our children to become as active as possible outside of School. We will be strengthening links to community sport and physical activity and tracking how many of children are engaging with it.
- Ultimately we want our children to lead a healthy, happy and safe life. A great way to do that is to join in organised exercise outside of School.

Our Active Family Workshops came back! – 1st October 2023!

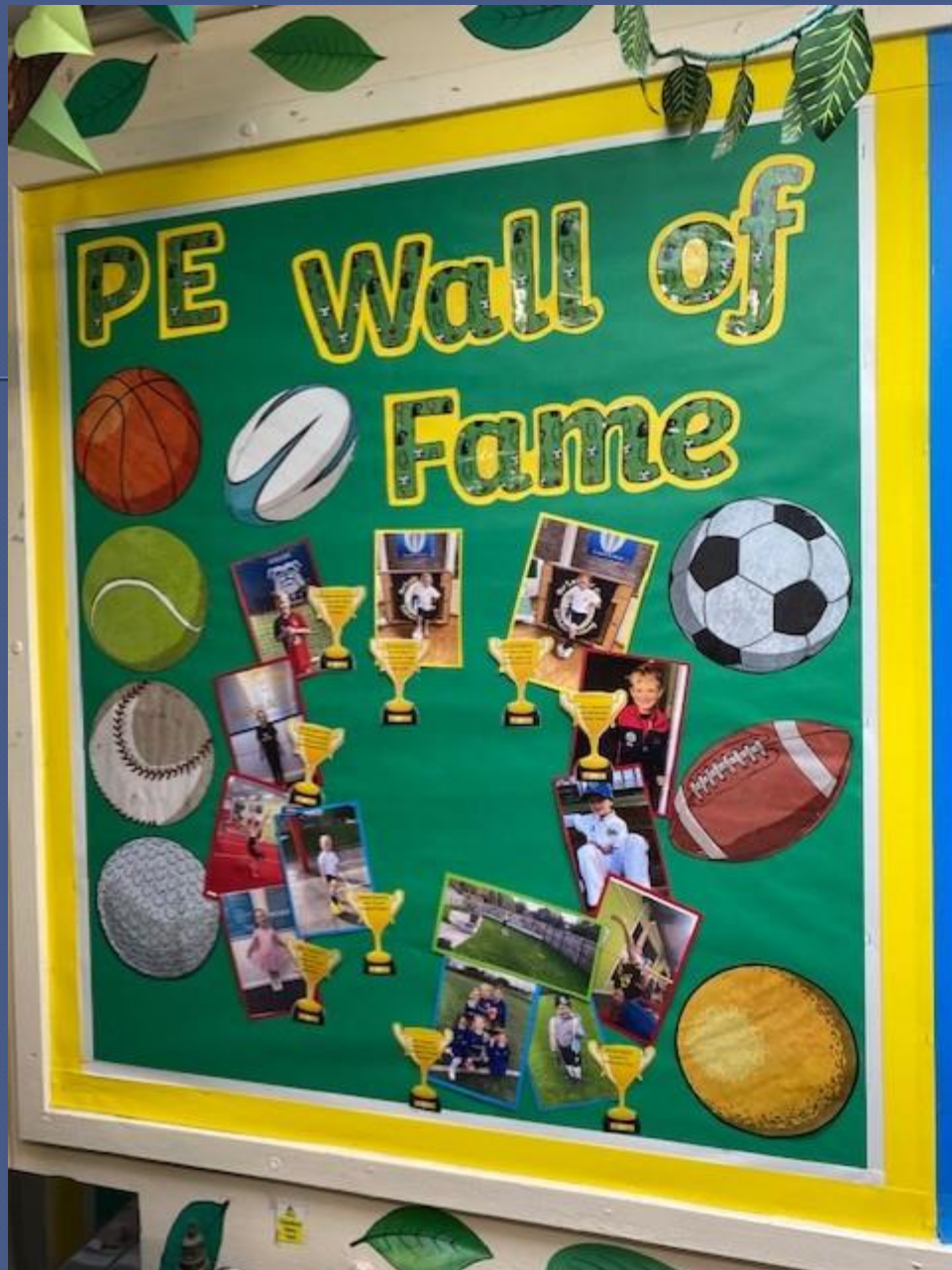


Swimming at OLOG

- We greatly value the importance of swimming here at Our Lady of Grace and make it a priority that all of our children are competent and confident in the water.
- We focus on ensuring that all children by the end of KS2 can swim proficiently over a distance of at least 25 metres. We encourage them to use a range of strokes effectively (front crawl, backstroke and breaststroke).
- We also remind the children regularly of all aspects of water safety and self-rescue in different water-based situations. This is not taught exclusively during PE lessons but across the curriculum – for example in PSHE lessons.
- All children will have 6 weeks of swimming lessons with school. These are led by qualified swimming instructors at Ormiston Horizon Swimming Pool.

Look out for the Wall of Fame!





At Our Lady of Grace we make sure everybody is challenged to be their best!

- 'Activ8'
- The Activ8 club is for children who are still finding out which type of activities they enjoy!
- The children are hand-picked and work together to get fitter!!!!
- 'Sports Stars'
- Our 'Sports Stars' are a group of pupils who have shown an extra exciting level of potential! This group works hard to get even better at clubs and Special events through the Collegiate.



Look at us in action!



'Sports Stars' inspiration day at Port Vale

